

The Forum for Healthcare Learning and Excellence

Jonathan Bartels, BSN, RN

Grand Rounds Presentation: *The Pause*

NOVEMBER 15, 2018 AT 2:00 P.M.

Virginia Commonwealth University Health

Jonathan Bartels, BSN, RN



Starting his career in caregiving as an orderly at a hospital in 1986, Jonathan Bartels, RN, was exposed to people who needed help, people who felt alone, and people at the end of their lives. As he began his formal nursing career, he worked as a nurse in acute care settings, intensive care units and the emergency room. The hospital is

where he had his first experience of loss. After losing a patient, caregivers are understandably sad, frustrated and upset, yet they must quickly move on to care for their next patient. Jonathan realized that in that first moment after a death, there is a need to preserve the humanity of that person and to provide some sense of closure for the caregivers. In his role as an emergency trauma nurse at the University of Virginia Health System, Jonathan created "The Pause" as a way of ritually marking the death of a patient by taking a moment for silent reflection after their passing. Both the patient's caregivers and family members are invited to participate. Jonathan says, "This practice brings back the humanity that has somehow been lost in the technology of modern medicine."

Jonathan has over 25 years of professional experience in health care along with varied personal and academic training in contemplative practices. He received a BA in Psychology in 1990 from Canisius College followed by a BSN from D'Youville College in 1997. He has been a registered nurse specializing in trauma and emergency care and palliative care and currently works as a palliative care nurse liaison at UVA Medical Center. He has also completed graduate coursework in Eastern Philosophy and Western Mysticism at Western Michigan University (1991-1993). Beyond his creation of The Pause, Jonathan also practices compassion in his everyday work as a palliative care nurse.

Overview

The Forum for Healthcare Learning and Excellence has been created to support the continuing education needs of all health care professionals and to promote a collaborative interdisciplinary approach to patient care. The Forum invites Jonathan Bartels to enhance and invigorate the health professionals of VCU Health Medical Center through a Grand Rounds presentation: *The Pause*.

The medical *Pause* is a practice implemented after the death of a patient. This practice offers closure to both the medical team and the patient. It is a means of transitioning and demarcating the brevity and importance of this moment. Through silence this shared event is able to be honored and marked by a multicultural medical staff. Silence allows individuals to personalize their practice while not imposing onto others. This act is a means of honoring a person's last rite of passage.

Location:

Hermes A. Kontos
Medical Sciences Bldg.-Auditorium
1217 E Marshall St, Richmond, VA 23298

Registration via Cloud CME

<https://vcu.cloud-cme.com/aph.aspx?EID=11912&P=5>

For more information:

Contact Caroline Bowers-Brown at
caroline.bowersbrown@vcuhealth.org

Visitor Parking: <https://maps.vcu.edu/mcv/esdeck/index.html>

Accreditation

VCU Health Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

VCU Health Continuing Medical Education designates this live activity for a maximum of 1 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation.

Nursing: Up to 1 Contact Hour. VCU Health is an approved provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.